



# Nathan's scenario

**A group of students call Nathan 'fat boy' whenever he passes them.**  
Think and talk about Nathan's situation and answer the following questions.

1. What type of bullying is this?

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2. How do you think Nathan might feel when people call him 'fat boy'?

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3. List some of the effects that the bullying might have on Nathan.  
Think about the effects on Nathan at home and at school.

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4. If you were Nathan, how would you deal with the situation?

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5. As Nathan's friend, what are some things you could suggest to him  
to help stop the bullying? Who could Nathan talk to at school?

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# Nathan's scenario responses

Discuss your answers together and how they vary from the below

1. What type of bullying is this?

*verbal, physical or social*

2. How do you think Nathan might feel when people call him 'fat boy'?

*upset, angry, frustrated, annoyed,  
self-conscious, uncomfortable.*

3. List some of the effects that the bullying might have on Nathan.  
Think about the effects on Nathan at home and at school.

*not wanting to go to school, feeling depressed, feeling sick in the  
stomach, not being as talkative, avoiding contact with other students.*

4. If you were Nathan, how would you deal with the situation?

*tell parents, confide in a trusted adult at school to ask for help.....  
be assertive and make sure the students calling him names know that  
they are having no impact, ignore the students, tell a trusted friend.*

5. As Nathan's friend, what are some things you could suggest to him  
to help stop the bullying? Who could Nathan talk to at school?

*talk to people at school eg. principal, school counsellor, school psy-  
chologist, trusted teacher, friend, ignore the bully, act unimpressed,  
pretend you don't care, say "no" or "stop it".*