



Raising the bar: supporting social and emotional learning to reduce bullying

Abstract:

After briefly establishing the fundamentals of bullying (e.g. definition, prevalence, outcomes), this presentation will explore the potential utility of social and emotional learning (SEL) as a preventative tool.

Delegates will be invited to consider what we mean by SEL (including illustrative examples from established programmes), how and why it can play a role in bullying prevention, and what the evidence tells us about its impact upon victimisation and related outcomes.

Key message:

1. Supporting social and emotional learning may be an effective means through which to prevent bullying and reduce its impact, but it is not a panacea. Instead, it should be considered a fundamental component of a broader strategy to address victimisation.