



Addressing mental health difficulties among students with disabilities

Abstract:

After briefly establishing the fundamentals of mental health difficulties (e.g. definition, prevalence, outcomes) and disabilities (e.g. definition, prevalence, outcomes), this presentation will address two core questions. First, is there evidence of increased prevalence of mental health difficulties among students with disabilities (and if so, why)? Second, how can we improve provision in schools to better support the mental health needs of such students?

Key message:

1. Students with disabilities are at a greatly increased risk of experiencing mental health difficulties compared to their non-disabled peers. However, there is a great deal that schools can do to ensure they can access appropriate protective resources.